



# SEND Guide for Parents

A quick and easy guide for parents  
& carers of children with Special  
Educational Needs and/or  
Disabilities (SEND)

Website links &  
information correct  
as of  
December 2024.

We know website links may change.  
Please contact SEND Voices Wokingham  
if you are having problems finding the  
information you need  
Email: [info@sendvoiceswokingham.org.uk](mailto:info@sendvoiceswokingham.org.uk)

[www.sendvoiceswokingham.org.uk](http://www.sendvoiceswokingham.org.uk)  
[info@sendvoiceswokingham.org.uk](mailto:info@sendvoiceswokingham.org.uk)

# Information, Help and Support

Where do I go for information and support?

We understand it can be difficult to know where to start. Your child's health visitor, a consultant, if you have one, or the special educational needs co-ordinator (SENCo) at your child's nursery or school can help. You can also contact one of the following organisations for more information or support:



**WOKINGHAM  
BOROUGH COUNCIL**

**Wokingham Borough Council** delivers Children's Social Care, Early Help, and Education Services in Wokingham. Children's Social Care supports children and young people with SEND up to the age of 18 and carries out specialist assessments. Over 18s are supported by Wokingham Borough Council's Adult Social Care.

## Children with Additional Needs Network (CAN Network)

Offer information and support for children with additional needs, including signposting, newsletters, and a CAN Card (which is a discount card for children with a formal diagnosis)

**e** [can.network@wokingham.gov.uk](mailto:can.network@wokingham.gov.uk)

**w** [directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=yMqtWsyMkuE](http://directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=yMqtWsyMkuE)

## Wokingham Borough Council Family Information Service

provides childcare information and signposting to support services.

**e** [info.families@wokingham.gov.uk](mailto:info.families@wokingham.gov.uk)

**t** 0118 974 6000

**w** [directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=g-Lc9Ugao6k](http://directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=g-Lc9Ugao6k)

## Adult Social Care (for 18 years +)

**t** 0300 365 1234 - 0118 974 6000 or 0300 365 1234  
(for new referrals & assessments)

**w** [directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=yf5aug9DKOY](http://directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=yf5aug9DKOY)



**Local Offer** helps you find information about local services, support, activities and events for children and young people aged 0-25 years who have SEND.

**W** [www.wokingham.gov.uk/lo](http://www.wokingham.gov.uk/lo)

**Wokingham SENDIASS** offer confidential, free and impartial help for children with or without an education, health and care plan (EHCP) from 0-25 years old.

**e** [sendiass@wokingham.gov.uk](mailto:sendiass@wokingham.gov.uk)

**t** 0118 908 8233

**W** [www.sendiasswokingham.org.uk](http://www.sendiasswokingham.org.uk)



**SEND Voices Wokingham** is the independent Parent Carer Forum for the Borough who give a voice to families who have a child or young person aged 0-25 years with any Special Educational Need or Disability (SEND). Working in partnership with education, health, social care and other service providers to make sure the services commissioned meet the needs of children and young people with SEND in Wokingham. They represent parent carers experiences, views and priorities as well as running events and training courses for parent carers.

**e** [info@sendvoiceswokingham.org.uk](mailto:info@sendvoiceswokingham.org.uk)

**W** [www.sendvoiceswokingham.org.uk](http://www.sendvoiceswokingham.org.uk)



**Promise Inclusion (PINC)** offer a family support service for children and adults with learning disabilities in the areas of social care, housing, benefits, health & transition from child to adult services. **e** [admin@promiseinclusion.org](mailto:admin@promiseinclusion.org)

**t** 0300 777 8539

**W** [www.promiseinclusion.org](http://www.promiseinclusion.org)

### Berkshire West

Autism & ADHD Support Service



Parenting  
Special  
Children

Berkshire West  
NHS  
Local Services

The **Berkshire West Autism and ADHD Support Service**,

run by **Autism Berkshire** and **Parenting Special Children** provides support for

families whilst waiting for assessment at Child & Adolescent Mental Health Services (CAMHS) and/or child diagnosed with autism or Attention Deficit Hyperactivity Disorder (ADHD). They also offer other services for families with SEND.

### Autism Berkshire

**e** [contact@autismberkshire.org.uk](mailto:contact@autismberkshire.org.uk)

**t** 01189 594 594

**w** [www.autismberkshire.org.uk](http://www.autismberkshire.org.uk)

Autism  
Berkshire



Parenting  
Special  
Children

### Parenting Special Children

**e** [admin@parentingspecialchildren.co.uk](mailto:admin@parentingspecialchildren.co.uk)

**t** 0118 986 3532

**w** [www.parentingspecialchildren.co.uk](http://www.parentingspecialchildren.co.uk)

**Dingley's Promise** offer family support to all families with children aged 0-5 who have Special Educational Needs and Disabilities (SEND) or developmental delay.

**e** [admin.wokingham@dingley.org.uk](mailto:admin.wokingham@dingley.org.uk)

**t** 01189 771234

**w** [www.dingley.org.uk](http://www.dingley.org.uk)

Dingley's Promise  
Partners of the Early Years for children with SEND



### ASD Family Help

Autism & neurodiversity - embracing differences

**ASD Family Help** is a user led charity (non-profit) who offer support, advice & activities for Autistic individuals or those with other learning disabilities, their parents, carers, and professionals within Wokingham.

**e** [jayne@asdfamilyhelp.org](mailto:jayne@asdfamilyhelp.org) or [rachael@asdfamilyhelp.org](mailto:rachael@asdfamilyhelp.org)

**t** 07733 601755

**w** [www.asdfamilyhelp.org](http://www.asdfamilyhelp.org)



**Building for the Future** is a Wokingham based, parent led charity providing activities, support and therapy for children with disabilities and/or additional needs and their families.

**e** [admin@bftf.org.uk](mailto:admin@bftf.org.uk)

**t** 07967 105842

**w** [www.bftf.org.uk](http://www.bftf.org.uk)



**Health Visiting service** works in partnership with children (0-5 years) and families, as well as other professionals and voluntary organisations to provide health advice and support tailored to individual needs.

**t** 07312 263283 Chat Health text service

**w** [cypf.berkshirehealthcare.nhs.uk/health-visiting](http://cypf.berkshirehealthcare.nhs.uk/health-visiting)

The **School Nursing service** works in partnership with children, young people (5-19 years) and their families, as well as other professionals and voluntary organisations to provide health support tailored to individual needs.

Call for advice or support on

**t** 07312 263 194 Chat Health text Service

**w** [cypf.berkshirehealthcare.nhs.uk/our-services/public-health-nursing-health-visiting-school-nursing-immunisation/school-nursing/](http://cypf.berkshirehealthcare.nhs.uk/our-services/public-health-nursing-health-visiting-school-nursing-immunisation/school-nursing/)



**Berkshire Healthcare Foundation Trust website** contains lots of advice, support and information in relation to both physical and mental health at:

**w** [cypf.berkshirehealthcare.nhs.uk/](http://cypf.berkshirehealthcare.nhs.uk/)

# Childcare Support & Early Years (0-5 years)

Who can help me find childcare that caters for my child who has additional needs?

Wokingham Borough Council offer a number of services to help support Early Years with SEND.

**Family Information Service (FIS)** Childcare section of the Wokingham Borough Council Directory for information

**w** [directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=g-Lc9Ugao6k](https://directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=g-Lc9Ugao6k)

**e** [info.families@wokingham.gov.uk](mailto:info.families@wokingham.gov.uk)

**t** 0118 974 6000

**Portage Service** visiting teaching service for 0-5's with complex needs accessed through a referral from healthcare services by speaking to your Health Visitor or paediatrician.

**w** [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/send-education-support-services/early-years-portage-service](https://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/send-education-support-services/early-years-portage-service)

**Children's Centres** are open to all unborn to under 5 babies, children and their carers. Offering confidential advice and help on child development, benefits, getting back to work or going to school.

**w** [directory.wokingham.gov.uk/kb5/wokingham/directory/results.page?qt=childrens+centres&sorttype=relevance](https://directory.wokingham.gov.uk/kb5/wokingham/directory/results.page?qt=childrens+centres&sorttype=relevance)

**Wiggly Worms Stay & Play** sessions for children on the Autistic Spectrum or referred for diagnosis; are held at the Brambles Children's Centre.

**w** [directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=XBzOPA5MXTM](https://directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=XBzOPA5MXTM)

More information about all the services, organisations, advice, and support for Under 5s with SEND can be found on the Wokingham Borough Council **Local Offer:**

**W** [directory.wokingham.gov.uk/kb5/wokingham/directory/advice.page?id=YOGX8Jpbe1E](https://directory.wokingham.gov.uk/kb5/wokingham/directory/advice.page?id=YOGX8Jpbe1E)

Need more help?

Please contact Wokingham Borough Council

**Early Years' Service**

**e** [earlyyears@wokingham.gov.uk](mailto:earlyyears@wokingham.gov.uk)

**t** 0118 974 6000

## Moving into Wokingham Borough

We have just moved to Wokingham Borough and our child has SEND, which was diagnosed outside the area. What do I do and how do I get support in place?

Contact the

**Special Educational Needs & Disability (SEND) service**

at Wokingham Borough Council:

**e** [sen@wokingham.gov.uk](mailto:sen@wokingham.gov.uk)

**t** 0118 974 6000 (Option 5)

**W** [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/education-health-and-care-plan-ehcp/send-service](https://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/education-health-and-care-plan-ehcp/send-service)

# At Pre-school and School

How do I get help for my child at school/nursery? What is an EHCP and why might my child need one?

The first step to getting extra support is to talk to your child's nursery or class teacher, or someone you trust at school who can liaise with the school's **Special Educational Needs Co-ordinator (SENCo)**. If your child is not at nursery yet and you feel they will need substantial support to attend nursery, please contact **Wokingham Borough Council Special Educational Needs & Disability (SEND) Service** to discuss.

**e** [sen@wokingham.gov.uk](mailto:sen@wokingham.gov.uk)

**t** **0118 974 6000** (Option 5)

**w** [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/education-health-and-care-plan-ehcp/send-service](http://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/education-health-and-care-plan-ehcp/send-service)

Most children or young people with SEND will have their needs met within local mainstream Early Years settings or schools but a small number may require an Education, Health and Care Plan (EHCP). If a child or young person needs support beyond what is Ordinarily Available in a mainstream school or Early Years setting, please speak to your school about how your children's needs could be met and the option of an EHCP needs assessment.

What is Ordinarily Available in early years and school settings is described in the **Ordinarily Available** document and is available on the WBC website. It sets out what is expected in Wokingham Early Years settings, schools, and colleges for children with SEND aged 0 to 25 years.

Ordinarily Available Early Years:

**w** [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/send-support-mainstream-education/support-nursery-or-pre-school](http://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/send-support-mainstream-education/support-nursery-or-pre-school)

Ordinarily Available Schools & Colleges:

**w** [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/send-support-mainstream-education/support-school-or-college](http://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/send-support-mainstream-education/support-school-or-college)



When your child needs more help above what is provided by the Ordinarily Available/SEN Support, an **Education Health & Care Plan (EHCP)** can be applied for. Wokingham Borough Council **SEND Service** undertakes the Education Health and Care (EHC) needs assessment for children and young people between the ages of 0 - 25 years. It arranges the provision required to meet the needs identified on an EHC plan and is involved in organising the appropriate annual reviews of a child's progress.

**e** [sen@wokingham.gov.uk](mailto:sen@wokingham.gov.uk)

**t** 0118 974 6000 (Option 5)

**w** [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/education-health-and-care-plan-ehcp/send-service](http://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/education-health-and-care-plan-ehcp/send-service)

**Wokingham SENDIASS** offer impartial information, advice and support with all aspects of the EHCP process.

**e** [sendiass@wokingham.gov.uk](mailto:sendiass@wokingham.gov.uk)

**t** 0118 908 8233

**w** [www.sendiasswokingham.org.uk](http://www.sendiasswokingham.org.uk)

## School Transport

How can I find out if I'm eligible for help with school transport and costs?

The need for school transport is different for every family and not automatically allocated once a school placement has been offered. Visit the Wokingham Borough Council website for information on all aspects of school transport for children with SEND, including eligibility and application forms:

**w** [www.wokingham.gov.uk/schools-and-education/school-information-and-services/travel-assistance-school-and-college](http://www.wokingham.gov.uk/schools-and-education/school-information-and-services/travel-assistance-school-and-college)

## Equipment at school or nursery

If your child does not have an EHCP, but requires specialist equipment, children's Occupational Therapy (OT) at the **Royal Berkshire Hospital** will accept referrals from a GP or consultant.

[www.royalberkshire.nhs.uk/services-and-departments/physiotherapy/childrens-physiotherapy](http://www.royalberkshire.nhs.uk/services-and-departments/physiotherapy/childrens-physiotherapy)

If your child has an **EHCP, Berkshire Health Foundation Trust (BHFT)** Healthcare OT service will accept referrals from parents and carers, teachers, SENCos, GPs and other healthcare professionals.

[www.berkshirehealthcare.nhs.uk/3373](http://www.berkshirehealthcare.nhs.uk/3373)

**Children and Young People's Integrated Therapies (CYPIT)**, provided by BHFT, supporting children up to the age of 19 with occupational therapy (OT), physiotherapy and speech & language therapy (SALT). More information on all therapy services is here:

[cypf.berkshirehealthcare.nhs.uk/our-services/](http://cypf.berkshirehealthcare.nhs.uk/our-services/)

More information on all the therapy services is here:

[cypf.berkshirehealthcare.nhs.uk/our-services/children-and-young-peoples-integrated-therapies/](http://cypf.berkshirehealthcare.nhs.uk/our-services/children-and-young-peoples-integrated-therapies/)

For further information on the referral process, visit

[cypf.berkshirehealthcare.nhs.uk/referrals/](http://cypf.berkshirehealthcare.nhs.uk/referrals/)

## Help at home

How do I get help for my child at home? (Equipment, behaviour, sleep, toileting etc)

For specialist equipment related to posture or safer manual handling, and for advice and support with specific adaptations at home contact Wokingham Borough Council's **Children with Disabilities (CWD)Team** who will assess for eligibility, and if eligible, refer your child to Wokingham Borough Council Children with Disability Team's Occupational Therapy (OT) service for specialist assessment.

**e** [cwdduty@wokingham.gov.uk](mailto:cwdduty@wokingham.gov.uk)

**t** 0118 974 6881 or 0118 974 6890

(01344 351 999 - Out of hours emergencies)

**w** [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/social-care-children-send/send-social-care-support-services/children-disabilities-team](http://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/social-care-children-send/send-social-care-support-services/children-disabilities-team)

**FIRST** (Wokingham Borough Council **F**amily **I**ntervention, **R**esources and **S**upport **T**eam) provide information, workshops, training and support around sleep, anxiety and behaviour for children with disabilities in the Wokingham Borough.

Details of the courses offered by FIRST can be found here:

**w** [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/social-care-children-send/send-social-care-support-services/family-intervention-resources-and-support-team](http://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/social-care-children-send/send-social-care-support-services/family-intervention-resources-and-support-team)

**e** [First@wokingham.gov.uk](mailto:First@wokingham.gov.uk)

**t** 0118 974 6000 (Option 5)

**ASSIST** (Wokingham Borough Council **A**utism **S**pectrum **S**ervice for **I**nformation **S**upport and **T**raining) work with families and providers offering training and support for families (pre- and post-diagnosis). They offer the National Autistic Society training programmes and Autism specific workshops, groups and opportunities to meet up with other parents. Parent programmes and drop-in sessions are available with no referral required.

**e** [assist@wokingham.gov.uk](mailto:assist@wokingham.gov.uk)

**w** [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/social-care-children-send/send-social-care-support-services/assist-team](http://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/social-care-children-send/send-social-care-support-services/assist-team)

**t** 0118 908 8002

**Parenting Special Children** also run courses for parents of children with additional needs including sleep and behaviour.

**w** [www.parentingspecialchildren.co.uk](http://www.parentingspecialchildren.co.uk)

# Emotional Wellbeing

My child, and/or their sibling, is struggling emotionally. Where can I get support?

Talk to your child's nursery, school or college as they may be able to provide support for your child.

There is a variety of support available, including:

## Parenting Special Children

**W** [www.parentingspecialchildren.co.uk](http://www.parentingspecialchildren.co.uk)

**Promise Inclusion** Smiles for Siblings Club - group for siblings of children with a learning disabilities/Autism Spectrum Condition

**W** [www.promiseinclusion.org](http://www.promiseinclusion.org)

**Berkshire Youth** (for carers age 18 and under)

**W** [www.berkshireyouth.co.uk](http://www.berkshireyouth.co.uk)

**e** [admin@berkshireyouth.co.uk](mailto:admin@berkshireyouth.co.uk)

**t** 0118 909 0927

## Sibs

**W** [www.sibs.org.uk](http://www.sibs.org.uk)

Wokingham Borough Council **Emotional Wellbeing Hub** has a Mental Health Support Team which offers support to children and young people with emerging, mild, or moderate mental health difficulties.

**W** [www.wokingham.gov.uk/health-and-wellbeing-services/health-services-and-advice/health-and-wellbeing-children-and-young-people/emotional-wellbeing-hub](http://www.wokingham.gov.uk/health-and-wellbeing-services/health-services-and-advice/health-and-wellbeing-children-and-young-people/emotional-wellbeing-hub)

**t** 0118 237 8111

**ARC Counselling** **W** [www.arcweb.org.uk](http://www.arcweb.org.uk)

and **Tellmi App** **W** [directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=fceV7SJIiFA](http://directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=fceV7SJIiFA)

also offer mental health support for children and young people.

Your **GP**

**CAMHS** - for more complex mental health difficulties Children and Adolescent Mental Health Services (CAMHS) works with young people who are experiencing difficulties with their mental health

**W** [cypf.berkshirehealthcare.nhs.uk/our-services/children-and-adolescent-mental-health-services-camhs/](http://cypf.berkshirehealthcare.nhs.uk/our-services/children-and-adolescent-mental-health-services-camhs/)

# Preparing for Adulthood (PfA)

What happens as my young person gets older?

**Preparing for Adulthood** describes the parts of your child's life where they move through their teenage years into adult life. Information on PfA and the Preparing for Adulthood Guide for Parents & Carers can be found here:

**W** [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/preparing-adulthood](http://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/preparing-adulthood)

**Optalis** offer **Travel Training** for 13 + year olds as well as **Supported Employment**, more information here: **W** [www.optalis.org](http://www.optalis.org)

**ELEVATE** offer careers advice: **W** [www.wokingham.elevateme.org.uk](http://www.wokingham.elevateme.org.uk)

Wokingham Borough Council **Preparing for Adulthood Team** supports young people (from 14 to 25 years with an EHCP) and their parents or carers to get the information, advice and support they need if moving from children to adult social care services.

**W** [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/social-care-children-send/send-social-care-support-services/preparing-adulthood-team](http://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/social-care-children-send/send-social-care-support-services/preparing-adulthood-team)

**e** [PfAduty@wokingham.gov.uk](mailto:PfAduty@wokingham.gov.uk)

**t** **0118 974 6832** and ask to speak to the PfA duty person.

## Role of Professionals

I don't understand the different roles and responsibilities of those who are working with my child - can you explain?

It's not surprising if you're confused about the roles of different people you meet. Don't be afraid to ask them to explain. Your nursery, school, college or health professional should also be able to help.

You can take a friend or family member to appointments to help and support you. Some of the professionals you may meet are listed in the **Glossary** at the end of this guide.

# Support for Parent Carers

How do I get support for me?



**Wokingham Carers Partnership** (Age UK Berkshire, Promise Inclusion & Berkshire Youth) provide Information and advice support including: finding services & help, your health & wellbeing, connecting with other carers and understanding your rights.

**W** [directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=4FFNpMcaWoo](https://directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=4FFNpMcaWoo)

**Age UK Berkshire** (lead contact for all carers age 19+)

**W** [www.ageukberkshire.org.uk](http://www.ageukberkshire.org.uk)

**e** [carers@ageukberkshire.org.uk](mailto:carers@ageukberkshire.org.uk)

**t** 0118 959 4242

**Promise Inclusion** (Carers of children and adults with a learning disability and/ or autism)

**W** [www.promiseinclusion.org](http://www.promiseinclusion.org)

**e** [admin@promiseinclusion.org](mailto:admin@promiseinclusion.org)

**t** 0300 7778539



**Contact** are a national charity for families with disabled children.

They provide a helpline, information & advice a listening ear service as well as workshops and events for parent carers.

**W** [www.contact.org.uk](http://www.contact.org.uk)

**t** 0808 808 3555

Many parents find it helpful to talk to other parents of children with SEND, both for advice and emotional support. Local groups including **SEND Voices Wokingham**, **ASD Family Help** and **Promise Inclusion** run coffee mornings. There is a list of **local support for parent & carers** on the Local Offer website:

**W** <https://directory.wokingham.gov.uk/kb5/wokingham/directory/results.page?qt=support+for+parent+carers&sorttype=relevance>

Parents and carers of disabled children are entitled to a **Parent Carer Assessment**. This assessment considers your physical and emotional wellbeing, including participation in work, education, training, or recreation. This may result in getting services or direct payments to support your caring role. Information about these assessments is in the Wokingham Borough Council Children with Disabilities Service Continuum of Need Document here:

**W** [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/social-care-children-send/send-social-care-support-services/children-disabilities-team](http://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/social-care-children-send/send-social-care-support-services/children-disabilities-team)

**Short Breaks.** Caring for a disabled child can be extremely rewarding but also demanding. Short Breaks provide children and young people with disabilities opportunities to spend time away from their parents and carers, relaxing and having fun with their friends.

To find more information about Wokingham Borough Council Short Breaks Service including eligibility and self-referral visit:

**W** [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/social-care-children-send/send-social-care-support-services/short-breaks-and-early-help-team](http://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/social-care-children-send/send-social-care-support-services/short-breaks-and-early-help-team)

**e** [ShortBreaksCo-ordinator@wokingham.gov.uk](mailto:ShortBreaksCo-ordinator@wokingham.gov.uk)

**t** 0118 974 6000

**Me2 Club** offer support for children and young people to attend mainstream activities.

**W** [me2club.org.uk/](http://me2club.org.uk/)

Ask your **GP** to record that you are a carer. This means that you will be offered annual health checks and a flu jab, plus more convenient appointments. You could also contact **NHS Berkshire Talking Therapies** which can help with common mental health problems:

**W** [talkingtherapies.berkshirehealthcare.nhs.uk/](http://talkingtherapies.berkshirehealthcare.nhs.uk/)

# Welfare benefits

Can I get help with the additional costs of caring for a child with additional needs?  
What is DLA and how do I apply for it?

You can claim benefits for your disabled child, such as **Disability Living Allowance (DLA)** and grants for specific items.

[www.gov.uk/disability-living-allowance-children](http://www.gov.uk/disability-living-allowance-children)

## Promise Inclusion

[www.promiseinclusion.org](http://www.promiseinclusion.org)

## ASD Family Help

[www.asdfamilyhelp.org](http://www.asdfamilyhelp.org)

## Autism Berkshire

[www.autismberkshire.org.uk](http://www.autismberkshire.org.uk)

are local charities that can assist with advice and support.

The charity **Contact** has useful guides and factsheets for parents about DLA .

[www.contact.org.uk](http://www.contact.org.uk)

**Family Fund** provides grants for families raising disabled or seriously ill children and young people.

[www.familyfund.org.uk](http://www.familyfund.org.uk)

**Citizens Advice Wokingham** offer advice and information on welfare benefits, debt, housing, employment law amongst other areas, or help to access services from other charities and services in the Borough through their “One Front Door”.

[contact@cawokingham.org.uk](mailto:contact@cawokingham.org.uk)

**0808 278 7958** Monday to Friday 9.30am-4pm  
(voicemail out of hours)

[www.citizensadvicewokingham.org.uk](http://www.citizensadvicewokingham.org.uk)



## Can I get a blue badge for my child?

A blue badge enables the holder to park their car in disabled parking spaces. You can find out who is entitled to a blue badge and how to apply for one on the Wokingham Borough Council website:

**W** [www.wokingham.gov.uk/parking-and-transport/blue-parking-badges](http://www.wokingham.gov.uk/parking-and-transport/blue-parking-badges)

## For More Support

Consider contacting your school, college or childcare setting, SEND case officer at Wokingham Borough Council if you have one, social worker or health professional. Wokingham Borough Council CAN Network and Family Information Service can help. Otherwise, Wokingham SENDIASS, Autism Berkshire, Dingley's Promise (0-5s) and Promise Inclusion can all give advice if you feel more support is needed.

## I am confused by the terminology, what does it all mean?

Don't be afraid to ask people what they mean. You can also find a glossary on the Wokingham SENDIASS site:

**W** [www.sendiasswokingham.org.uk/useful-information/glossary/](http://www.sendiasswokingham.org.uk/useful-information/glossary/)

There is a Special Educational Needs and Disability jargon buster on the Wokingham Borough Council Local Offer:

**W** [directory.wokingham.gov.uk/kb5/wokingham/directory/advice.page?id=u8DUlzhXab4](http://directory.wokingham.gov.uk/kb5/wokingham/directory/advice.page?id=u8DUlzhXab4)

# Glossary

Some of the key  
SEND terms:

<b>CAMHS</b>	Child & Adolescent Mental Health Service
<b>CYPIT</b>	Children and Young People's Integrated Therapies which includes Occupational Therapy ( <b>OT</b> ), Physiotherapy and Speech & Language Therapy ( <b>SALT</b> ).
<b>Disability Living Allowance (DLA)</b>	To help with the extra costs you have if you have a disabled child or a child with a health condition.
<b>Education Health and Care Plan (EHCP)</b>	A plan that describes the Special Educational Needs that a child/young person has and the help that they will be given to meet them. It also includes the health and care provision that is needed. It is a legal document written by the Local Authority and is used for children and young people who have high support needs.
<b>EHCP Annual Review</b>	Local Authorities must carry out a review of every EHC plan at least once every 12 months.
<b>EP</b>	Educational Psychologist
<b>FSM</b>	Free School Meals
<b>Graduated Response</b>	The SEND Code of Practice says that schools should follow a graduated approach when providing SEN Support. This is based on a cycle of: Assess > Plan > Do > Review.

# Glossary continued

**Local Offer (LO)** Published by every Local Authority, tells you what support is available for children and young people with SEND and their families. It includes information about education, health, and care provision, training, employment, and independent living.

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**Ordinarily Available** Provision that is available to all children and young people with SEND, within early education settings, schools, academies, free schools and colleges as above.

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**Preparing for Adulthood (PfA)** Starts at age 14 years and is about the steps to support the young person to become as independent as possible and lead a full life.

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**SEND** Special Educational Needs & Disability

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**SENDIASS** Special Educational Needs and Disability Information, Advice & Support Service. A free, confidential, and impartial service that supports children & young people with SEND, and their parents.

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**SEN Support** SEN support includes any help for children & young people with SEN that is additional to or different from the support generally made for other children of the same age.

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# Useful Links

## Voluntary & Community Organisations

Age UK Berkshire ARC	<a href="http://www.ageukberkshire.org.uk">www.ageukberkshire.org.uk</a> <a href="http://www.arcweb.org.uk">www.arcweb.org.uk</a>
Autism Berkshire	<a href="http://www.autismberkshire.org.uk">www.autismberkshire.org.uk</a>
ASD Family Help	<a href="http://www.asdfamilyhelp.org">www.asdfamilyhelp.org</a>
Berkshire Youth	<a href="http://www.berkshireyouth.co.uk">www.berkshireyouth.co.uk</a>
Building for the Future	<a href="http://www.bftf.org.uk">www.bftf.org.uk</a>
Citizens Advice	<a href="http://www.citizensadvicewokingham.org.uk">www.citizensadvicewokingham.org.uk</a>
Contact	<a href="http://www.contact.org.uk">www.contact.org.uk</a>
Dingley's Promise	<a href="http://www.dingley.org.uk">www.dingley.org.uk</a>
Elevate	<a href="http://www.wokingham.elevateme.org.uk">www.wokingham.elevateme.org.uk</a>
Me2 Club	<a href="http://www.me2club.org.uk">www.me2club.org.uk</a>
Optalis	<a href="http://www.optalis.org">www.optalis.org</a>
Parenting Special Children	<a href="http://www.parentingspecialchildren.co.uk">www.parentingspecialchildren.co.uk</a>
Preparing for Adulthood	<a href="http://www.preparingforadulthood.org.uk">www.preparingforadulthood.org.uk</a>
Promise Inclusion	<a href="http://www.promiseinclusion.org">www.promiseinclusion.org</a>
SENDIASS (Wokingham)	<a href="http://www.sendiasswokingham.org.uk">www.sendiasswokingham.org.uk</a>
SEND Voices Wokingham	<a href="http://www.sendvoiceswokingham.org.uk">www.sendvoiceswokingham.org.uk</a>

## Health

<b>BHFT</b> (Berkshire Healthcare Foundation Trust)	<a href="http://www.berkshirehealthcare.nhs.uk">www.berkshirehealthcare.nhs.uk</a>
<b>CAMHS</b> (Children's & Adolescent Mental Health Service)	<a href="http://cypf.berkshirehealthcare.nhs.uk/our-services/children-and-adolescent-mental-health-services-camhs/">cypf.berkshirehealthcare.nhs.uk/ our-services/children-and-adolescent- mental-health-services-camhs/</a>
<b>CYPIT</b> (Children and Young People's Integrated Therapies)	<a href="http://cypf.berkshirehealthcare.nhs.uk/our-services/children-and-young-peoples-integrated-therapies">cypf.berkshirehealthcare.nhs.uk/ our-services/children-and-young- peoples-integrated-therapies</a>

# Useful Links continued

## Health



**Dingley Child Development Centre, Royal Berkshire Hospital** [www.royalberkshire.nhs.uk/our-locations/dingley-child-development-centre](http://www.royalberkshire.nhs.uk/our-locations/dingley-child-development-centre)

**Health Visiting Service** [cypf.berkshirehealthcare.nhs.uk/health-visiting](http://cypf.berkshirehealthcare.nhs.uk/health-visiting)

**NHS Berkshire Talking Therapies** [talkingtherapies.berkshirehealthcare.nhs.uk/](http://talkingtherapies.berkshirehealthcare.nhs.uk/)

**School Nursing service** [cypf.berkshirehealthcare.nhs.uk/our-services/public-health-nursing-health-visiting-school-nursing-immunisation/school-nursing/](http://cypf.berkshirehealthcare.nhs.uk/our-services/public-health-nursing-health-visiting-school-nursing-immunisation/school-nursing/)

## Wokingham Borough Council (WBC)



**Brambles Children's Centre** [directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=bgYhBxrdmFs&familieschannel=101-4](http://directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=bgYhBxrdmFs&familieschannel=101-4)

**Blue Badges**  
(disabled parking) [www.wokingham.gov.uk/parking-and-transport/blue-parking-badges](http://www.wokingham.gov.uk/parking-and-transport/blue-parking-badges)

**CAN Network** [directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=yMqtWsyMkuE](http://directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=yMqtWsyMkuE)

**Children with Disabilities Team** (Social Care) [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/social-care-children-send/send-social-care-support-services/children-disabilities-team](http://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/social-care-children-send/send-social-care-support-services/children-disabilities-team)

# Useful Links continued

## Wokingham Borough Council (WBC)

**Education, Health and Care Plan (EHCP) assessment** [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/education-health-and-care-plan-ehcp](http://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/education-health-and-care-plan-ehcp)

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**Family Information Service (FIS)** [directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=g-Lc9Ugao6k](http://directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=g-Lc9Ugao6k)

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**Local Offer** [www.wokingham.gov.uk/lo](http://www.wokingham.gov.uk/lo)

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**Portage Service**  
(Home teaching for 0-5 yrs) [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/send-education-support-services/early-years-portage-service](http://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/send-education-support-services/early-years-portage-service)

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**SEND Team** [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/education-health-and-care-plan-ehcp/send-service](http://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/education-health-and-care-plan-ehcp/send-service)

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**School Transport** [www.wokingham.gov.uk/schools-and-education/school-information-and-services/travel-assistance-school-and-college](http://www.wokingham.gov.uk/schools-and-education/school-information-and-services/travel-assistance-school-and-college)

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**Preparing for Adulthood Team**  
(for move from Children's to Adult Social Care at 18) [www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/preparing-adulthood/moving-adult-social-care](http://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/preparing-adulthood/moving-adult-social-care)

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# Notes

## The independent voice of SEND families, representing their experiences to help improve day-to-day lives

### What do we do?

We give a voice to families who have a child or young person aged 0-25 years with any Special Educational Need or Disability (SEND). We work in partnership with education, health, social care, and other service providers to make sure the services they commission meet the needs of children and young people with SEND in Wokingham. We represent parent carers experiences, views, and priorities. We also run events and training courses for parent carers.

### How do we do this?

By listening to our members and as many parent carer voices as we can, from across the Wokingham Borough. We do this through:

- **Events**
- **Training courses**
- **Consultations & surveys**
- **Information sharing**

### Join us, become a member - It's FREE

To become a member of SEND Voices Wokingham email

✉ [info@sendvoiceswokingham.org.uk](mailto:info@sendvoiceswokingham.org.uk)

🌐 [www.sendvoiceswokingham.org.uk](http://www.sendvoiceswokingham.org.uk)

📘 [SendVoicesWokingham](https://www.facebook.com/SendVoicesWokingham)

We are currently able to offer all our members a **FREE** Max Card. The Max Card is a discount card for families of children with additional needs age 0-25. Families can use their Max Card at selected venues across the UK to get free or discounted admission.